



**T.I.D.E.**  
**INITIATIVE**

TRANSFORMATION THROUGH INNOVATION  
DEVELOPMENT AND EMPOWERMENT

# **NPC PROFILE**

## **And Proposal**



# CONTENTS

3	Introducing TIDE	22	Activities – Fund-A-Uniform
6	Activities – Kids Coding Club	25	Activities – Girls and Pads Drive
8	Activities – The Youth Health Support Initiative	28	Our Request
13	Activities – Sports Academy	29	Our Approach
16	Activities – Seniors Fitness Programme	36	TIDE Details
19	Activities – Skills & Vocational Training	38	Contacts

## INTRODUCING TIDE

T.I.D.E is a technology driven humanitarian/non-profit organization, that concerns itself with alleviating poverty through transformational ways with new ideas and innovation thereby developing our community and empowering the citizens.

The organization also concerns itself with promoting the welfare of the poor and needy in the society as the name implies; TRANSFORMATION THROUGH INNOVATION, DEVELOPMENT AND EMPOWERMENT.

We have a passion to attend to the basic needs of the people in our country.



# INTRODUCING TIDE

Transformation through Innovation Development & Empowerment (T.I.D.E) is a coalition of young black South African women committed to reaching out, developing and empowering young South Africans.

The Transformation through Innovation Development & Empowerment is incorporated and duly registered with the CIPC and the Department of Social Development as one of the Non-Profit Organizations working in line to promote the Nation's Youth Development.

## Part of our key focus are:

- \* Youth and Education
- \* Youth and Sport
- \* Youth and Employment
- \* Youth and Agriculture



## Registered With

social development

Department:  
Social Development  
**REPUBLIC OF SOUTH AFRICA**



The background features a fan of papers on the right side, transitioning into a book cover on the left. The colors are muted, with shades of blue, green, and brown. The word "ACTIVITIES" is centered in white, bold, uppercase letters.

# ACTIVITIES

# Kids Coding Club

[ 1, 2, 3 ]

+

< / >

{ }



JUMPSTARTING THE YOUNG KIDS  
JOURNEYS TO A NEW TECH WORLD

# Kids Coding Club

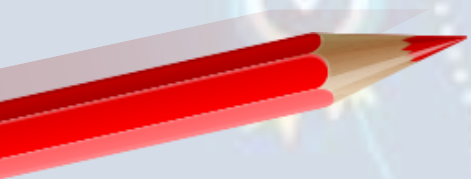
The world is fast evolving, which creates a high demand for those who can think critically and solve complex problems.

Children can learn to be imaginative when trying to accomplishing new tasks through coding.

Coding is important for the young minds to be channelized towards prepping themselves for the digital future.



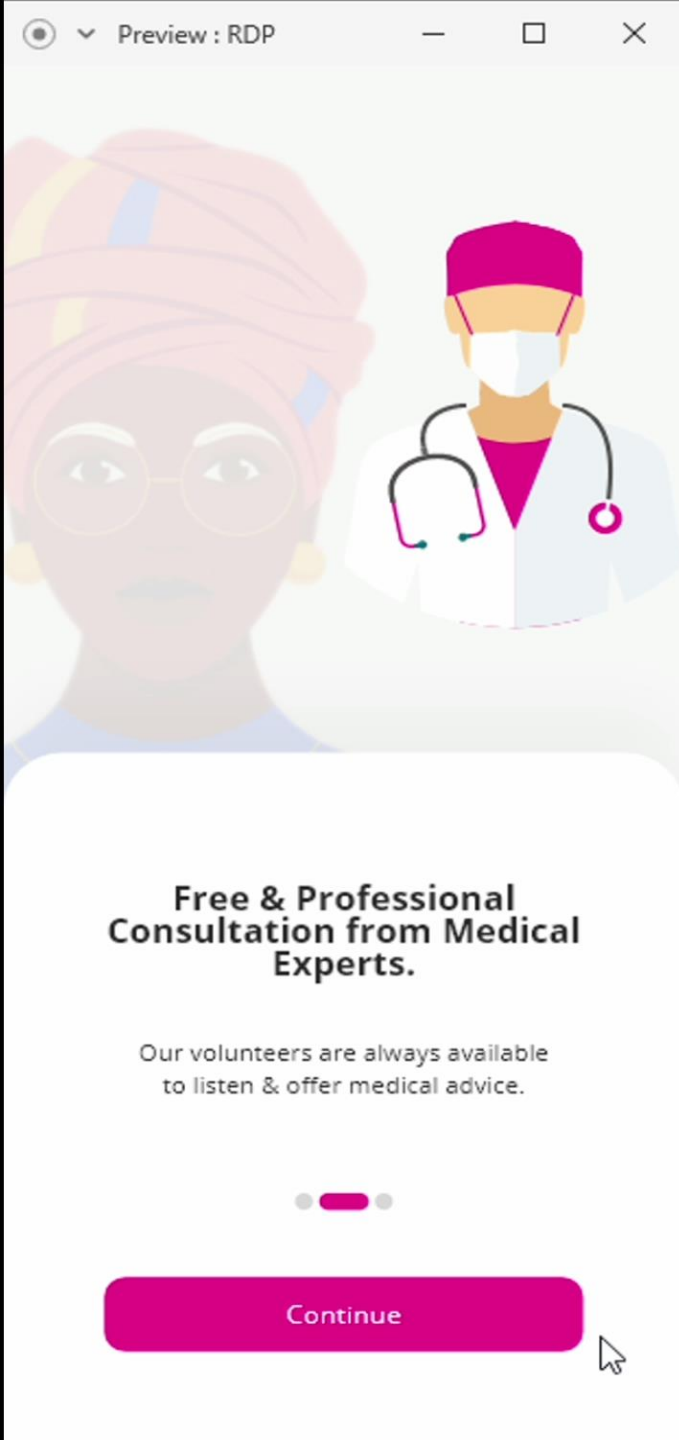
Grooming our Tomorrow's engineers  
Today.





# THE YOUTH HEALTH SUPPORT INITIATIVE



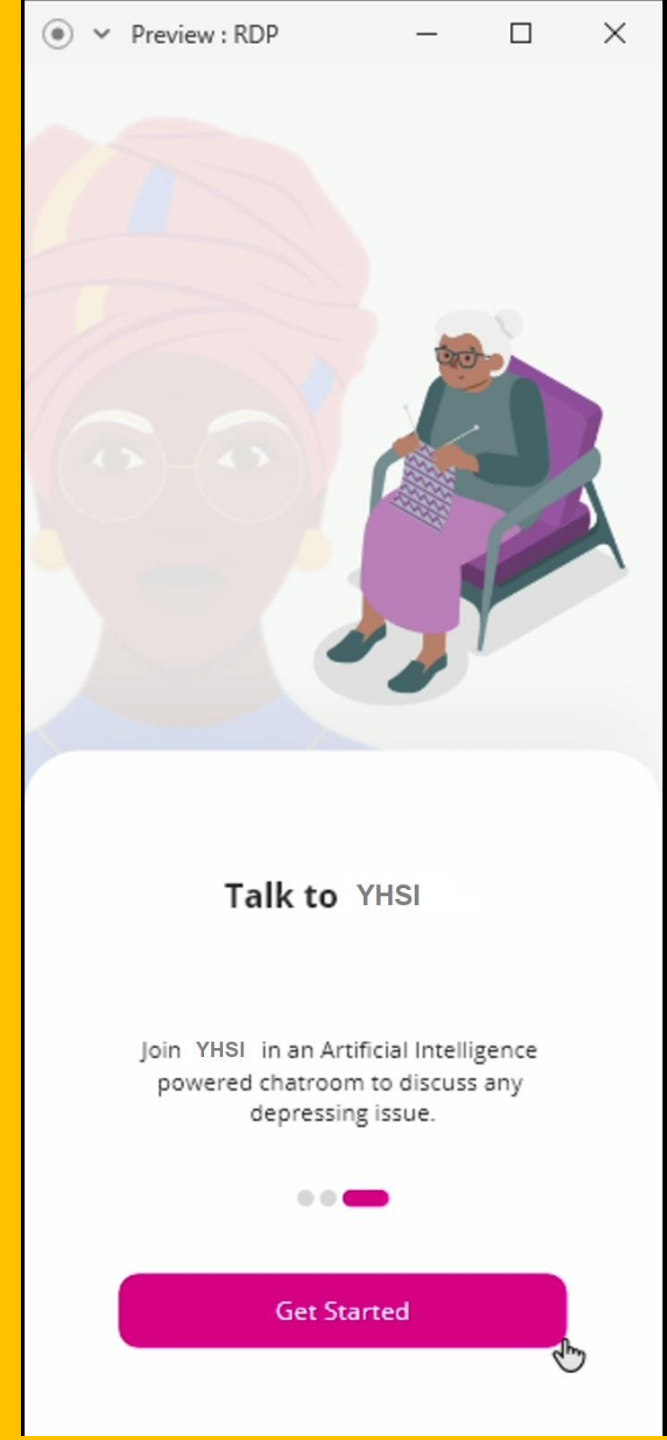


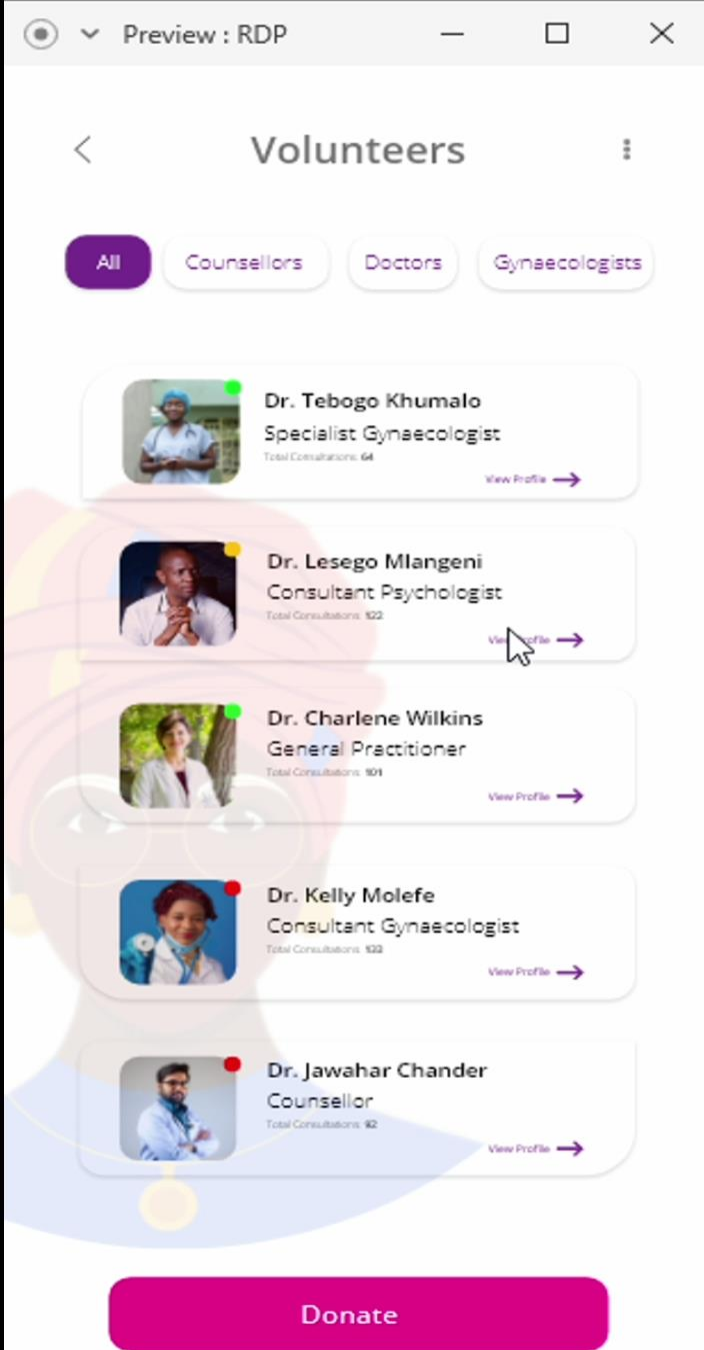
# THE YHSI

YHSI is an AI-powered mobile application that will serve as a safe space for young people between the ages of 12 and 35 to seek medical, mental, and psychological support anonymously.

The app will connect users with a team of volunteer experts from various medical fields who will provide confidential and professional advice to address their concerns.

The anonymous nature of the app will create a judgment-free environment, encouraging youth to seek the support they need without fear or stigma

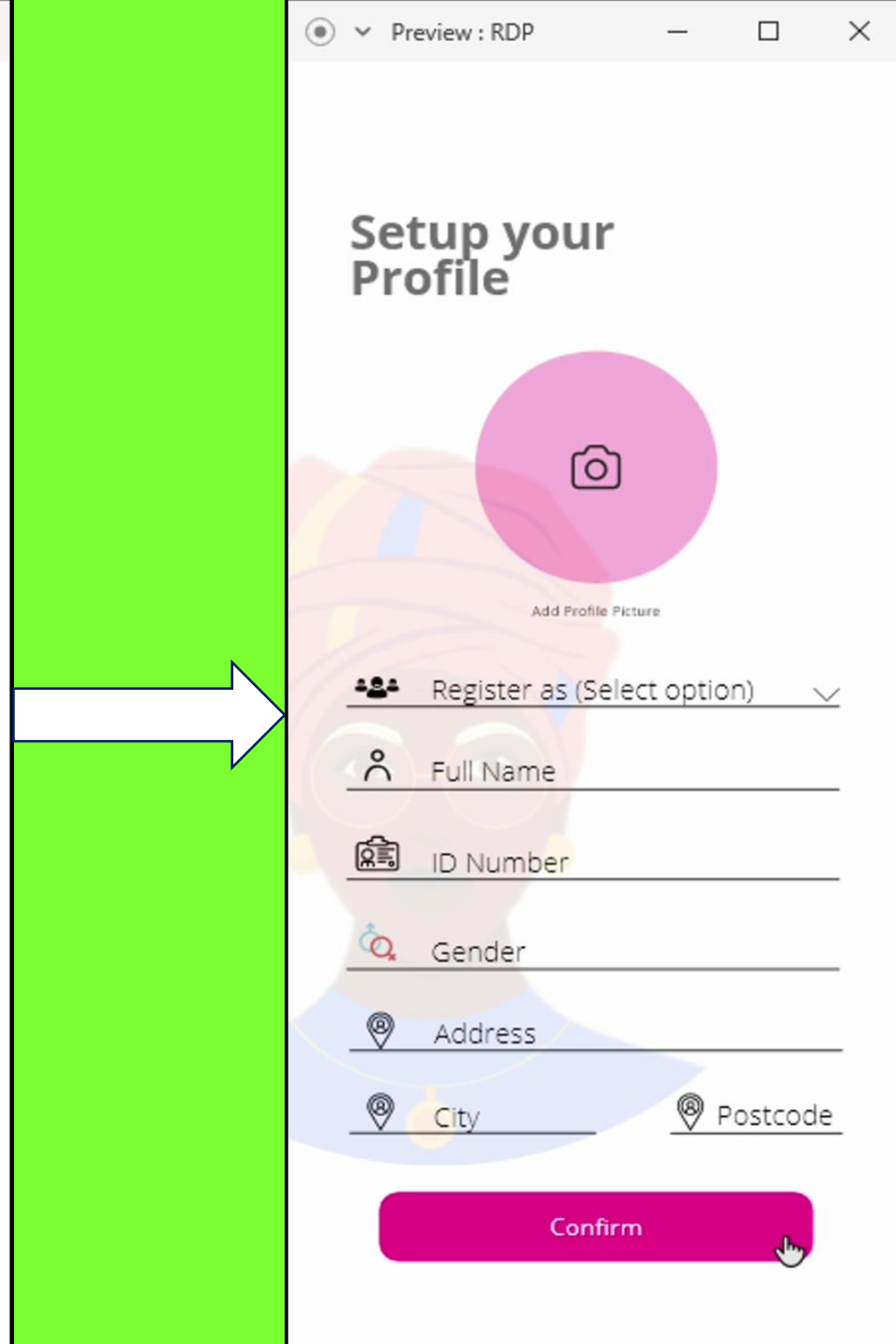
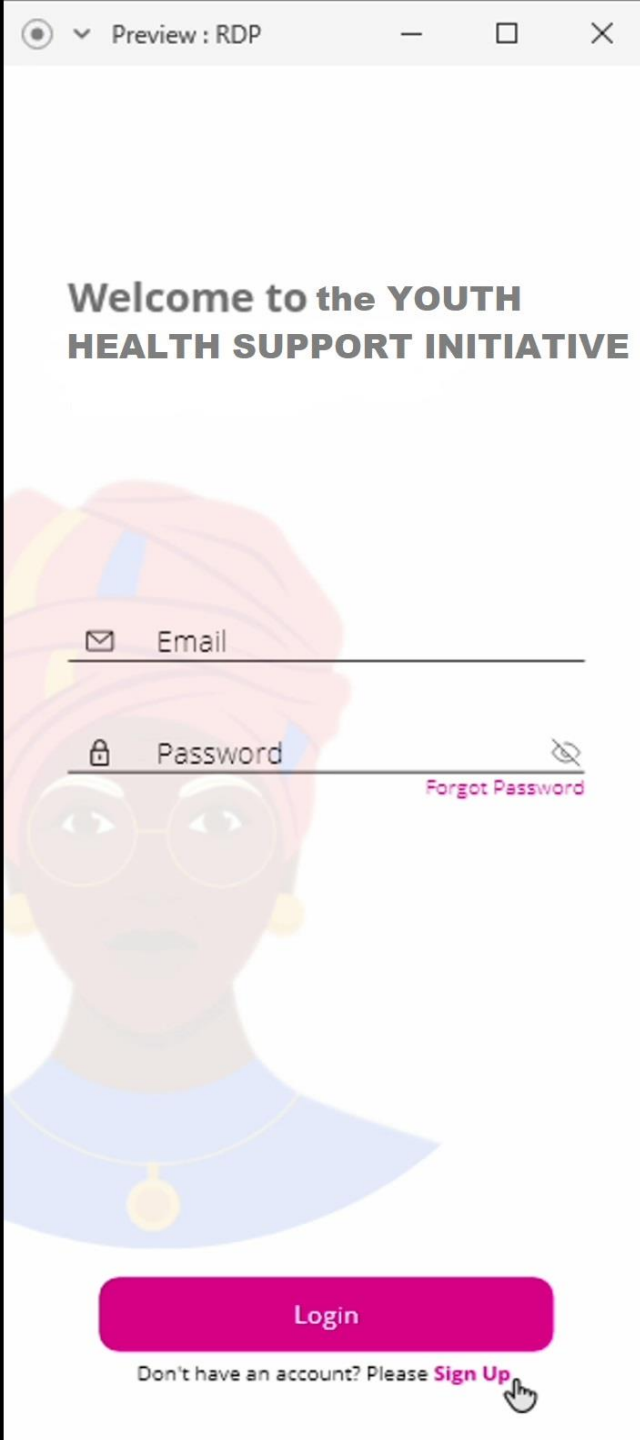


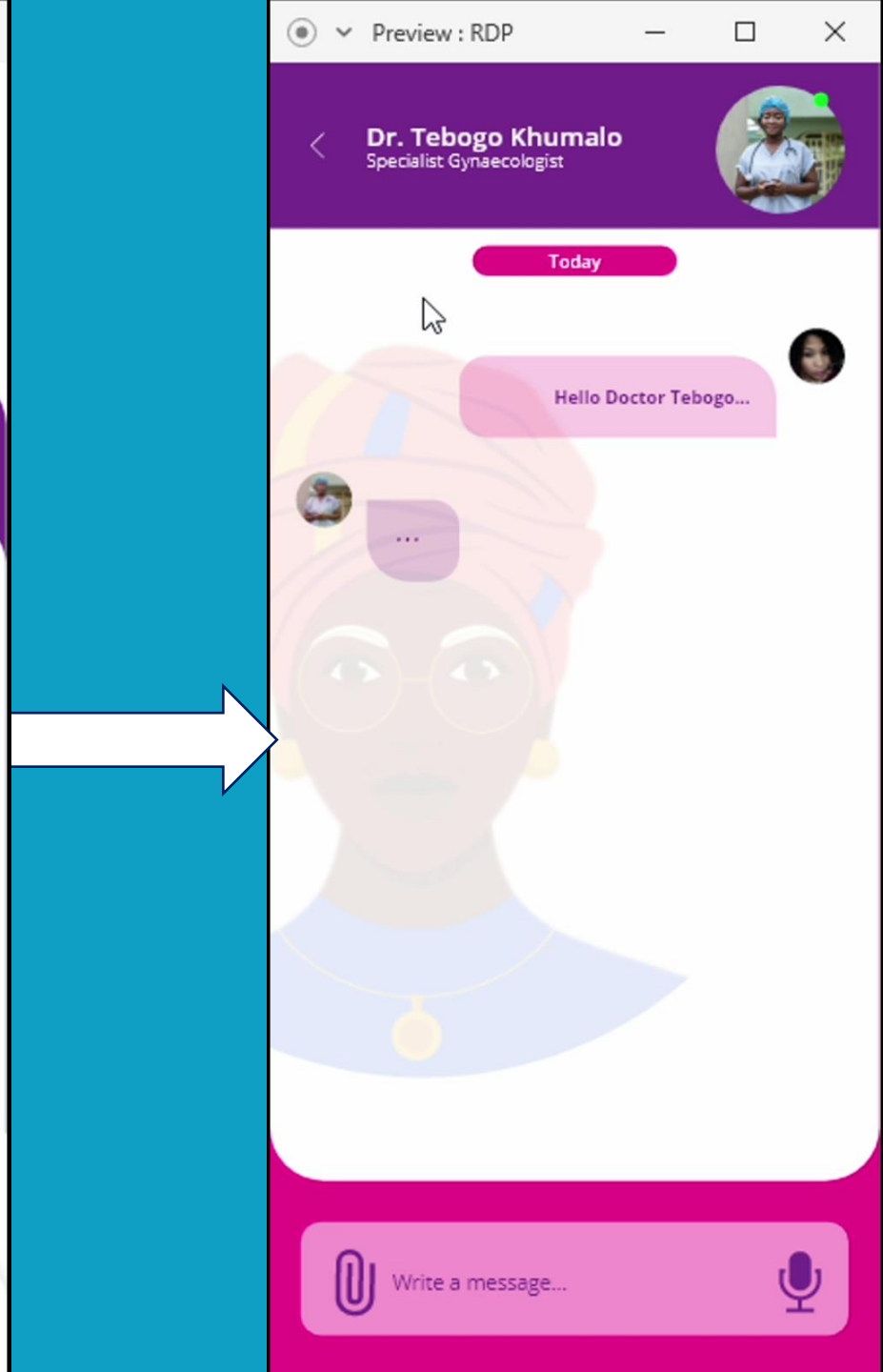
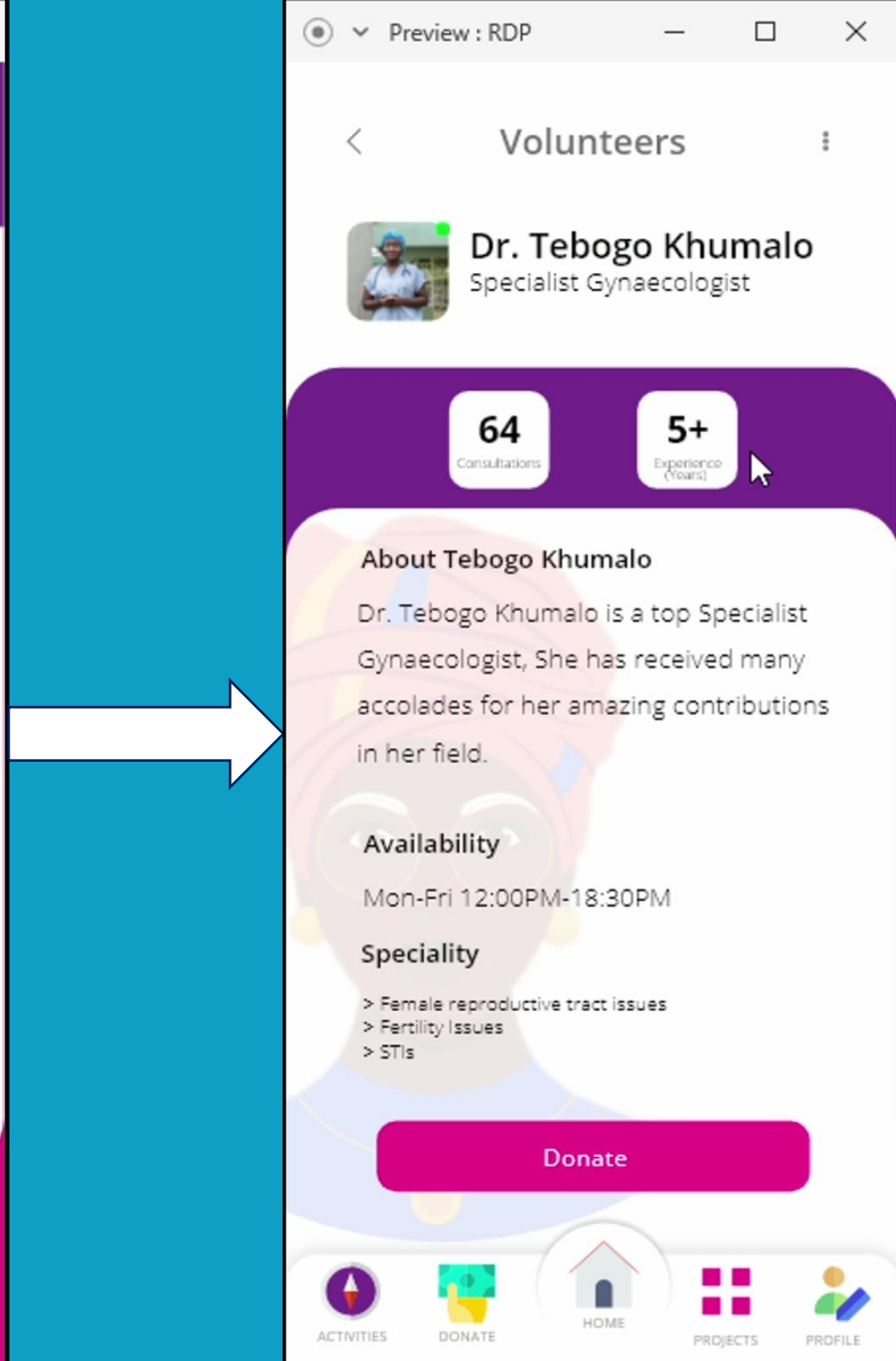
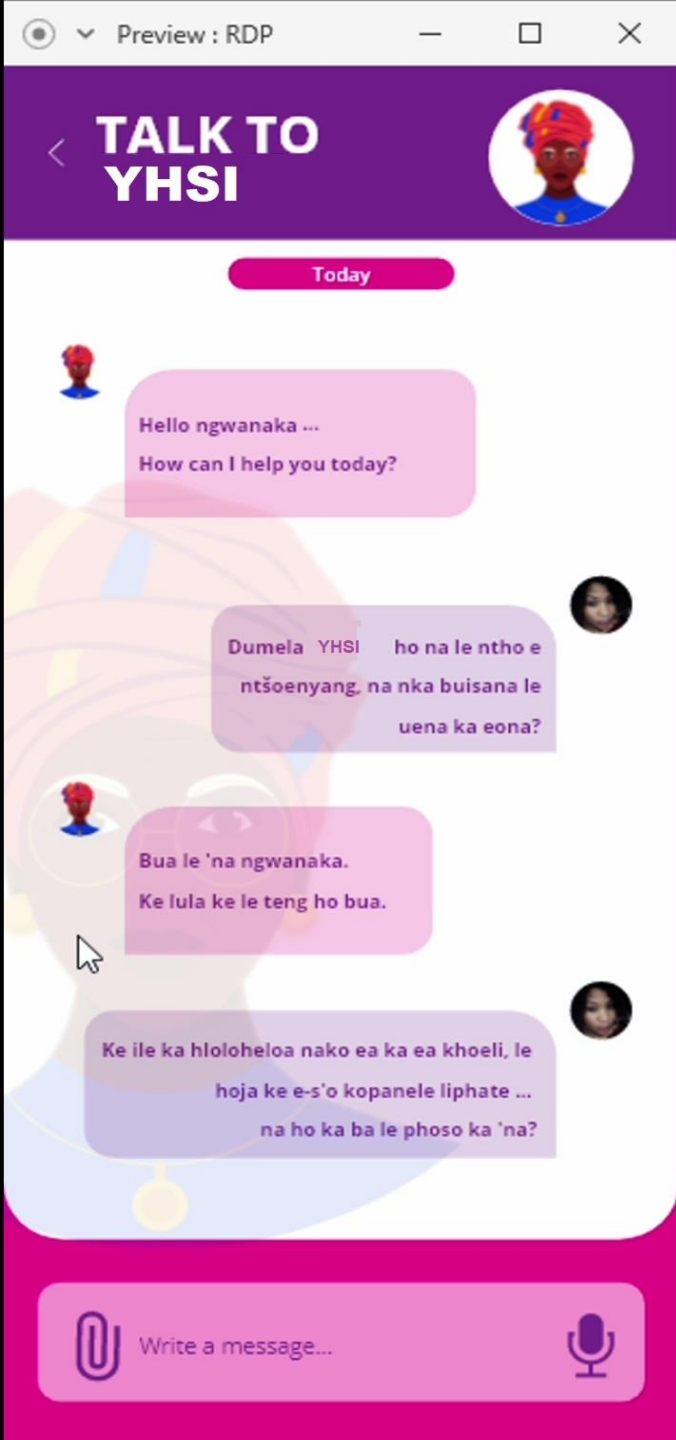


# THE YHSI

Key features of the YHSI app will include:

- **Free Medical/Mental/Psychological Consulting:** Users can seek guidance and support from volunteer experts in medical, mental, and psychological fields.
- **Health Tips and Resources:** The app will provide a wealth of health-related information, including tips for maintaining physical and mental well-being.
- **Community Support:** The app will foster a supportive community by allowing users to engage in group discussions, share experiences, and provide peer support.
- **Free Biodegradable Sanitary Pad Requests:** The app will also facilitate the distribution of free biodegradable sanitary pads to individuals who may not have access to or be able to afford these essential hygiene products.







# SPORTS ACADEMY

# KEY SPORTING ACTIVITIES

## Soccer



## Swimming



## Rugby



## Athletics



## Cricket



## Tennis



Other activities include netball, volley ball, Martial Arts and other different sports.



Our long term goal is to have a co curricular sports academy that is available for every child, however, our current mission is to reach out to every child by engaging them productively in various sporting activities.

The society as we have today has a lot of negativities on our children, beside the fact that youths can make a career out of sports, it is also an active way of keeping them out of the negative influence that comes from the society especially in rural areas.



# **SENIORS FITNESS PROGRAMME**



# SENIORS FITNESS PROGRAMME

As people get older with age, they become more susceptible to chronic diseases such as diabetes, hypertension, cardiovascular disease and many more illnesses that affect their lives.

Our Seniors Fitness Programme can have many benefits for their health and well-being as regular physical activity can help to prevent and manage these conditions.





The SFP will help improve cardiovascular health, strengthen muscles and bones, reduce the risk of falls, and improve cognitive function for the seniors.

The SFP can have numerous benefits for their physical and mental health, enabling them to maintain their independence and enjoy a higher quality of life



# SKILLS & VOCATIONAL TRAINING FOR VULNERABLE (AT-RISK) MEMBERS OF SOCIETY

# SKILLS AND VOCATIONAL TRAINING



The Unemployment rate in South Africa is currently at 46,5% with the youth aged 18 – 35 years being the most impacted. However most of those impacted are due to not having the required skills needed to get the Job.

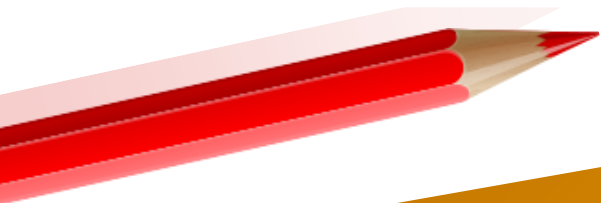


# SKILLS AND VOCATIONAL TRAINING

The Skills and Vocational Training for Vulnerable (At-Risk) members of society is aimed at Helping those who are susceptible to the negative effects of unemployment.

We are looking to curb job insecurities as the training will help them find ways to make a living and sustain their lives





YEAR  
2022



# Fund-A-Uniform

By: TIDE Initiative





# A basic need: SCHOOL UNIFORM

The road to  
providing 100000  
school children with  
school uniform  
every year.



# FUND-A-UNIFORM

Many South African children are without a proper school Uniform.

- This project is aimed at helping thousands of children who are without school uniform every year.
- Some even go barefoot or with either torn clothes to school. In winter it's a hardened situation that kids find themselves in.
- With this project we want to avoid having children not attend school because of a lack of school Uniform.







# **GIRLS AND PADS** **DRIVE**

# GIRLS AND PADS DRIVE

In South Africa, over 3.7 million young girls are affected by the lack of sanitary towels which forces many of them to miss school on certain days a month. Unfortunately, this pattern may affect the child's educational development.

Some girls who cant afford to buy female hygiene products usually find themselves resorting to rags, socks, even newspapers, and often lack access to clean water and private toilet facilities.





We aim to provide at least 100 000 girls across the country every year.

This project aims at providing young school girls with Sanitary products for 12 months.



# Our Request

We seek support in terms of funding, sponsorships and donations to be able to reach out to as many people. This will aid in the development of our youth and also cater to those that are in need under different circumstances.

There are many more activities that we as an organization intend to engage as they are all directed at the development and empowerment of our communities which will in turn help them lead productive lives and also help them become contributing members of our South African economy.

This will in turn also help us create employment for many that are without jobs.



Custom

# Our Approach

## Kids Coding Club

- Partner with Schools and public Libraries to use their computer labs.
- Deploy coding facilitators to teach the Children.
- Engage at least 50 000 children between ages 5 to 16 whom will be interested in learning how to code.
- Create a platform that will allow the children to use their acquired skills to innovate themselves.



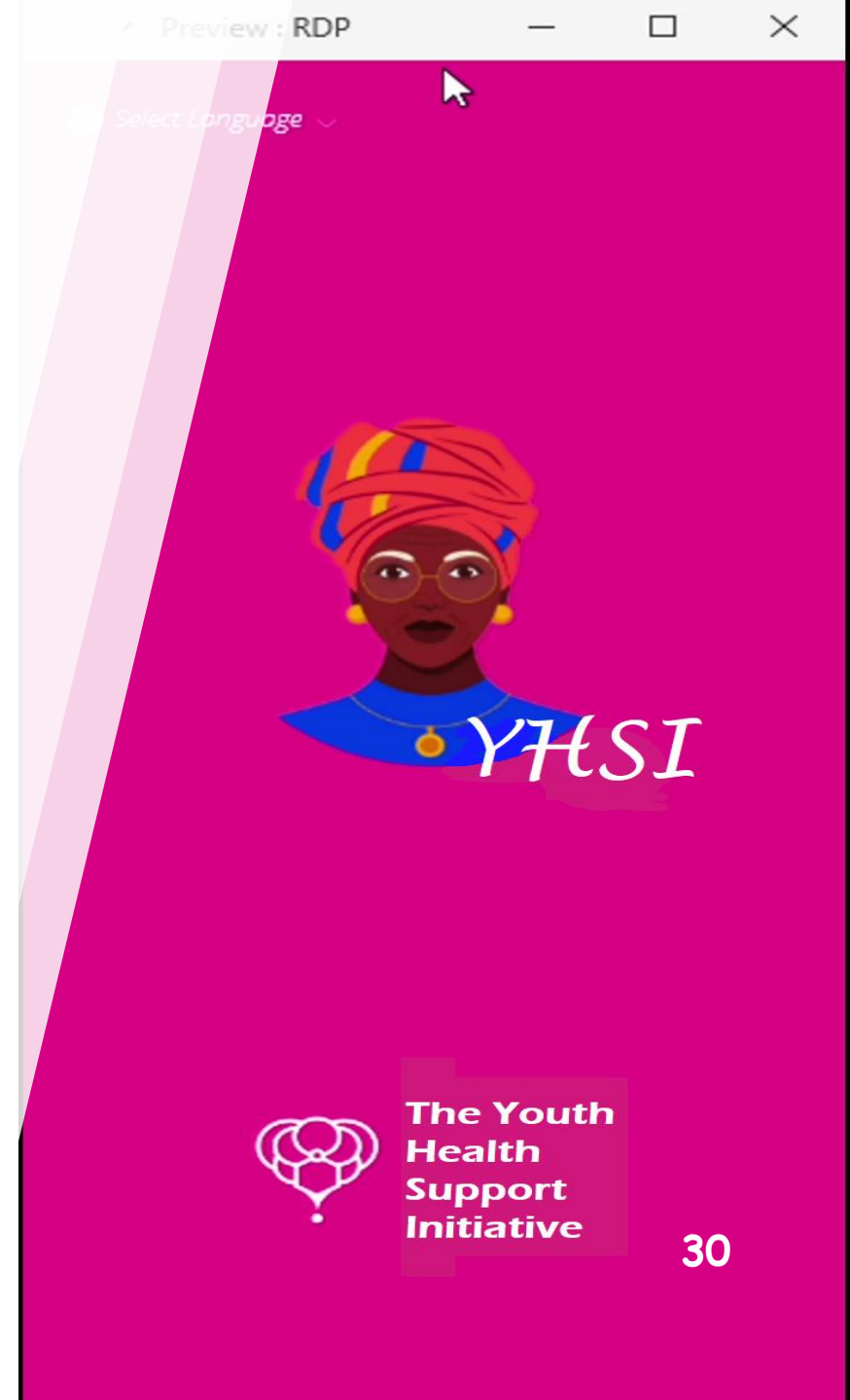
Customer Experience

# Our Approach

## The YOUTH HEALTH SUPPORT INITIATIVE

- Partner with teams of qualified Doctors in their respective fields.
- Partner with reputable private clinics.
- Make the YHSI app available on all popular app stores, including Android, Harmony, and iOS for free.
- The youth will use the app to have their free consultation anonymously.

Customize



# Our Approach

## Sports Academy

- Partner with sports companies and administrators in delivering state of the art sport training services which include facilities, human resources and training kits.
- Deploy coaching experts to various training centers across selected provinces.
- Engage at least 10 000 children between ages 5 to 17 in their choice sporting activities with more focus on soccer as it is the most popular sport today.
- Create a calendar of local and international competitions as an exposure roadmap for the children.
- Showcase the young stars talent by involving various talent scouts across the world which serves as a career building opportunity for the children.



# Our Approach

## Seniors Fitness Programme

- Partner with fitness centers and trainer to help and sponsor with training equipment.
- Partner with Retailers to sponsor meals and/or refreshments for the seniors after their training.
- Approach local community centers for venues.
- Engage with as many seniors to be part of the programme.

Customize





# Our Approach

## Skills & Vocational Training for Vulnerable (At-Risk) Members of Society

- Partner with renowned or reputable private higher educational institutions in the TVET FET sector.
- Equip participants with the necessary skills and grant them certificates.
- Help them to be gainfully employed.

# Our Approach

## Fund-A-Uniform

- Reach out to different schools across all provinces that will help identify the children that are in need of school uniform but cannot afford it.
- Partner with certain retailers to assist in the provision of the school uniform.
- Give out the uniforms to identified children in need.
- Provide at least 100 000 school children with uniform every year.



Custom

# Our Approach

## Girls and Pads Drive

- Partner with Sanitary pad companies to assist in providing sanitary products.
- Acquire sufficient amount of pads to meet our target.
- Approach schools and engage with girls on menstrual education.
- Work with the department of health to help teach girls about personal hygiene.
- Help at least 100 000 girls every year with sanitary towels.



# TIDE Details

Registration No – 2020/221607/08

Tax No – 9986234178

Public Beneficiary No - 930076579

DSD NPO No - 245-186 NPO

# Banking Details

TIDE INITIATIVE NPC

First National Bank (FNB)

Acc No. 62853830597

Branch Code: 255355

Ref: email address

PayPal link:

<https://www.paypal.com/paypalme/tideinitiative>

Payfast link:

[https://www.payfast.co.za/donate/go/tideinitiative\\_npc](https://www.payfast.co.za/donate/go/tideinitiative_npc)

# Contacts

Itumeleng Mabala - 072 724 4653

Portia Mofokeng - 064 514 8343

Email: [hello@mytide.org](mailto:hello@mytide.org)

Alternative Email: [mytide.org@gmail.com](mailto:mytide.org@gmail.com)

Website: <https://mytide.org>

Customi



**T.I.D.E  
INITIATIVE**

TRANSFORMATION THROUGH INNOVATION  
DEVELOPMENT AND EMPOWERMENT



**THANK YOU**

